

Message from NSW Ambulance Service

"ICE" (In Case of Emergency) Mobile Phone Contact

We all carry our mobile phones with names and numbers stored in its memory but nobody thinks about being involved in an accident or taken ill.

The people attending us would have our mobile phones but wouldn't know who to call. Yes there are hundreds of numbers stored but which one is the contact person in case of an emergency?

Hence the "ICE" (In Case of Emergency) campaign.

It is a method of contact during emergency situations. As mobile phones are carried by the majority of the population, all you need to do is store the number of a contact person or person's who should be contacted during emergency under the name "ICE". For more than one contact name simply enter ICE1, ICE2, ICE3 etc

In an emergency situation, Emergency Service personnel and Hospital Staff would be able to quickly contact the right person by simply dialling the number you have stored as "ICE".

The concept of "ICE" is catching on quickly. It started in the UK about 5 years ago and rapidly spread to Europe. General Practitioners have been promoting it in Australia for the last three years or more.

The idea was thought up by a paramedic who found that when he went to the scenes of accidents, there were always mobile phones with the patients, but they didn't know which number to call. He therefore thought that it would be a good idea if there was a nationally recognized name for this person,

Please forward this. It won't take too many "forwards" before everybody will know about this. It really could save your life, or put a loved ones mind at rest.